

# PARTNERING TOGETHER



(a publication of Special Health Care Needs-Family Partnership)

Northeast/Central MO Area

Spring 2006

### <u>Upcoming conferences</u>

Missouri Assistive Technology will be hosting their annual "PowerUp Conference" on April 10-11, 2006 in Columbia, MO. PowerUp features a variety of sessions, which provide up-to-date information on disability-related policy, assistive technology services and devices, independent living issues, educational policy and practices, and information on technology accessibility to enhance and promote independence of people with disabilities.

It will be held at the Holiday Inn Select in Columbia, MO.

Registration begins Sunday April 9, 2006 from 6 p.m. - 8 p.m.

For more information, contact Brenda Whitlock, MO Assistive Technology at 800-647-8557(voice within Missouri), 800-647-8558 (TTY within Missouri) or email Whitlck@swbell.net.

### 2006 Spring Training

Institute/National Autism Symposium will be held May 16-20, 2006 at Tan-Tar-A Resort, Osage Beach, MO. More details will be available at a later date. You can keep up on the details by calling 800-444-0821 in MO, or going to <a href="www.moddrc.com">www.moddrc.com</a> to find the conference and chat areas. You may also call your family partner, Bev, at 573-565-2030 or email <a href="mailto:shcnfamilypartner@yahoo.com">shcnfamilypartner@yahoo.com</a>.

## EMERGENCY PREPAREDNESS MONTH

March is emergency preparedness month, but as we all know, emergencies can happen at any time. Here are some ways to better help you with not only preparing for an emergency, but also a list to get you started in your journey in planning for the safe and well-being of you and your family in a time of need where planning is not an option.

- 1. Create a plan for your family.
- 2. Prepare an emergency kit.
- 3. Listen for information about what to do and where to go during an emergency.

#### List:

Battery-powered radio
Canned or dried food
Extra batteries
Bottled water
Flashlight
First-aid kit
Prescription medicine
Clean clothes and sturdy shoes
Extra credit card
Extra money
Sturdy trash bags

For a lot of you, I'm sure that this is just a small beginning to a list that each of you could compile, but this list is to just get you started. If you'd like more information on emergency preparedness, you can visit the Department of Health & Senior Services website at <a href="www.dhss.mo.gov">www.dhss.mo.gov</a> or contact your local health department.

I have hosted two Family Partnership regional meetings since October of 2005, the first in St. Louis and the second in Columbia. A variety of topics were discussed, as well as, agency staff providing vital information to the families that have attended. I am always interested in what families need, or what information they may be looking for. If you can't attend one of the regional meetings, please feel free to contact me anytime with any questions you may have about Family Partnership or just resource information in general, school related, medical, or anything in between. Please watch your mail for more upcoming regional meetings in your area and make plans to attend! Hope to see you all there. (note: childcare is not available)

Please join us on the web by signing up for the Family Partnership list serve. To subscribe, send an email to MO-FP-subscribe@yahoogroups.com. It's exclusively for Missouri families of children with special needs that participate in Family Partnership.



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